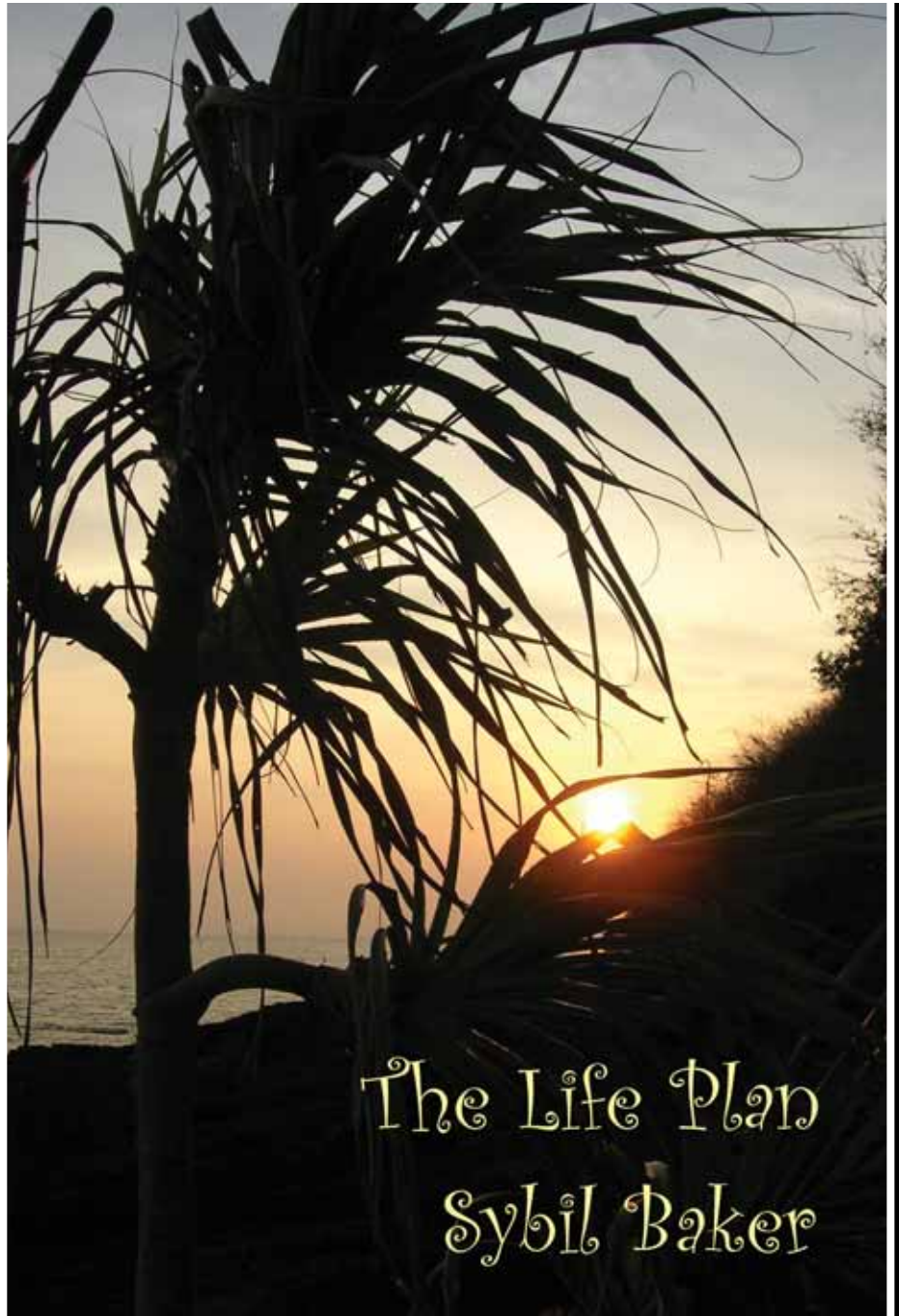


# Press Kit Contents

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*The Life Plan*  
*Sybil Baker*



# What would you do if your carefully planned life was falling apart?

Casperian Books is pleased to announce the release of Sybil Baker's debut novel, *The Life Plan*.

Like many women, Kat Miller dreams of having a satisfying career, a loving family, and a house of her own. But Kat has taken things further than most, documenting her dreams in a "Life Plan," so that nothing will go wrong. Yet something has: Dan, her husband of five years. Kat suspects that Dan, recently unemployed, is spending more time in yoga class with his beautiful classmate than he is looking for a job. When Dan announces that he has enrolled in a massage course in Thailand, Kat is convinced she has to go with him to save her marriage.

From the offices of Washington, DC, to the gritty streets of Bangkok to the mountain region of Chiang Mai, from the serenity of ancient Buddhist ruins to the passion of the jungle to all-night beach parties, Kat narrates her quest to have it all, only to wonder if having it all is all there is.

*The Life Plan* goes on sale nationwide March 2009.



Author: Sybil Baker  
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For further information or to arrange an interview with the author, please contact [publicity@casperianbooks.com](mailto:publicity@casperianbooks.com).



# About the Author



Sybil Baker spent twelve years teaching in South Korea prior to accepting a position as an assistant professor of English at the University of Tennessee at Chattanooga after earning her MFA in Writing from the Vermont College of Fine Arts. During her extensive travels throughout Asia, she became increasingly interested in the allure and alienation of American travelers and expatriates, and this has heavily influenced her writing. Her fiction and essays have appeared in numerous journals, including *upstreet*, *The Bitter Oleander*, *Paper Street*, and *Alehouse*. Her essay on American expatriate literature appeared in AWP's *The Writer's Chronicle* in September 2005. Her website can be found at [www.sybilbaker.com](http://www.sybilbaker.com).

# About Casperian Books

Casperian Books is an independent publishing company located in Sacramento, California. We publish a wide variety of fiction, including genre, mainstream, literary, and experimental works, by a variety of writers, both first-time authors and seasoned professionals, who share our vision.

We are ardent supporters of small business and creative guerrilla movements, whether they be in publishing, music, or film, and we believe in diverse voices, different viewpoints, and departures from the status quo. Most of all, we believe in good books.